



# ZETA MOVEMENT – CODE OF CONDUCT

## *Core values of the Movement*

ZETA Movement is committed to an open and tolerant society in which mental health issues can be addressed. Mutual respect, openness, acceptance and tolerance are among the core values of the association. As members, we feel committed to these values and are thus committed to ZETA Movement.

## *Teammplayer*

ZETA Movement is a team within which each member is treated equally. We value our diversity and accept each and everyone. No one should feel discriminated by prejudice or stigmatization. We see diversity as an opportunity to develop and improve ZETA Movement. Any disagreement or problem should be respectfully discussed internally.

Member of ZETA Movement are required to be actively involved. Timely replies to messages and the filling of Doodle surveys are required.

## *Sustainability*

We are aware of our responsibility towards the environment and society. We try to keep the ecological impact of our association as low as possible. Furthermore, we handle our resources consciously and carefully.

## *Neutrality*

Active members are politically and religiously neutral during their deployment. Political or religious convictions may not be discussed during the assignments. The same applies to alternative theories of all kinds. Questions from the audience in this direction must be declined.

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### **Zeta Movement**

Youth for Mental Health Awareness Switzerland  
Für einen offenen und ehrlichen Dialog zur Psychischen Gesundheit  
Pour un dialogue ouvert et honnête sur la santé mentale  
Per un dialogo aperto e sincero sulla salute mentale

Zeta Movement  
c/o Damian Stäheli  
Könizstrasse 34  
3008 Bern



### *Zero discrimination*

All forms of discrimination such as, but not limited to, racism, xenophobia and homophobia are not tolerated. We do not discriminate anyone on the basis of origin, race, gender, sexuality or physical, mental or psychological impairment. No one may be injured in his or her integrity and we therefore clearly distance ourselves from sexism and sexual harassment.

### *Zero violence*

We do not accept actions that cause physical or psychological harm to others. Be it through insults, humiliation, abuse, threats or social exclusion.

Date and signature:

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